

A Sabbath Meal Liturgy

Candle Lighting

Abwoon d'bwashmaya (The opening line of the Aramaic Lord's prayer)

Blessed be you Sabbath Giver who rested from your labours.

In this moment of *Shalama* (Aramaic for Shalom) kindle the spark that brings your light into the world.

Blessing over the wine

Blessed be you Inter-breathing Spirit of Life who ripens the fruit of the vine.

Fill our cup with your holy essence.

Blessing after washing of hands

Blessed be you Wellspring of Living Water,

Cleanse our hearts and hands that we may serve your creation afresh.

Blessing over the bread

Blessed be you Ground of all Being who brings forth grain from the earth.

Feed us with the bread of life nourish us with your wisdom.

Hawvlan lachma d'sunqanan yaomana (give us this day our daily bread) said as bread is broken.